Lifelong Singing: The Aging Voice

Sept. 23, 2021

Chat Content

- 00:28:50 Sharon Hansen: Can you put a link to Karen's book up?
- 00:35:37 Sundra Flansburg National Office: Karen Brunssen's book:
 - https://www.pluralpublishing.com/publications/the-evolving-singing-voicechanges-across-the-lifespan
- 00:36:28 Leah Peer: Does ongoing singing delay the progression of reduced flexibility in the ribs?
- 00:45:23 Melissa Emerson: What do you do with choir members who don't want to drink water as it makes them need to use the bathroom?
- 00:54:16 Leah Peer: Are the exercises all in your book?
- 00:58:14 Nicki Kerns: Thank you so much, Karen! So informative and very helpful.
- 00:59:11 Kim Lamoureux: this was a phenomenal presentation karen, thank you. was much of this presentation from the content in the book?
- 00:59:38 Nancy Sheng Bellingham, WA: Give them bathroom breaks!!!
- 00:59:38 Finley Woolston: Sing wet and pee clear!
- 01:00:09 Hilary Apfelstadt: Thank you, Karen!
- 01:00:25 Kathy Shannon: Thank you, Karen!!
- 01:01:11 Sundra Flansburg National Office: The recording and all of the speaker materials they pass along to us will be on the national webinars page: https://acda.org/conferences/national-webinars
- 01:01:34 Lynda Johnston: Great so far! I learned a lot.
- 01:04:53 Twyla Brunson: Thank you, Karen, for incredibly helpful information
- 01:07:07 Sharon Hansen: Thank you so much, Karen, for all you have done for choral singing! Remember those early days of "On the Voice"? Your sage advice has been my guidepost for years.
- 01:07:48 Finley Woolston: Amen, Brother Michael!
- 01:11:38 Nicki Kerns: The youngest member of the church choir I direct is 67. Average age is 80. Today's webinar is incredibly helpful for me; thank you so, so much!
- 01:12:15 Finley Woolston: Question perhaps for last 10 minutes: if they don't do it before then would someone please address singing with a mask?
- 01:12:20 Sharon Hansen: "God" might have only given us only a few high Cs, but he didn't ask Beethoven! (Can you tell we're working on The Ninth?)
- 01:13:41 Nicki Kerns: Re moderation: does that mean that repertoire for the group will need to be modified to accommodate the older voice—easier phrasing, less demanding technique, etc?
- 01:13:48 Finley Woolston: oops- missa Solmnis
- 01:20:00 Finley Woolston: Voiced and unvoiced consonants?
- 01:20:41 Kim Lamoureux: can you post the link for these videos?

01:20:45	Jennifer Whiting:
	https://www.youtube.com/playlist?list=PL9PqsN7uCpTDLDuWRc
	iOqUpm6413_Rsez
01:22:38	Nicki Kerns: Thank you!
01:23:24	Susan Avery: Thank you so much, Michael! Can't wait to use your videos and
	buy Karen's book!!
01:24:03	Kathy Shannon: So great to hear you speak about singing again, Michael!
01:24:09	Allan Kennedy: Thank you Michael !
01:25:06	Sally Campbell: I love singing with MOS virtually! Thank you Michael.
01:25:13	Denise Reed: Thank you Michael!
01:27:54	Leah Peer: Agree - it bothered me less than I expected too. I did get a small
	voice amplifier for myself, to make it easier for my singers to understand me
01:27:58	Finley Woolston: Thanks. Pretty much what I doing.
01:28:23	Teri Kowiak: Use the specific Singer Masksthey make a HUGE difference.
01:28:33	Janelle Dobson: My choir at Southern Adventist university performed
	every concert with masks. The clarity that you get from the mask will surprise
	you.
01:28:35	Janelle Dobson: https://www.southern.edu/events/concerts.html
01:28:38	Ryan Lakanen: That's a good idea, Leah. Sometimes it feels like I'm yelling
	through my mask. :)
01:28:58	Janelle Dobson: If anyone is interesting in hearing a choir sing with masks
	refer to our link :)
01:29:02	Leah Peer: Folks on the ACDA FB chat are all over the place about type of
	mask. People are happy with everything from the singer's mask to the simple
	blue surgical masks
01:29:16	Teri Kowiak: What I've discovered with singing masked is that I have to be
	very aware of what I'm doing with my jaw.
01:29:18	Eeva Savolainen: I'm sorry I have to leave the webinar, but thank you so
	much to these amazing presentations!
01:29:44	Sharon Hansen: It is an excellent idea to use a voice amplifier. I used one
	before Covid when my rehearsal room was so resonant that no one could
	understand me unless I "screamed." I surely was not going to do that! :-)
01:29:48	Luanne Murphy: I think singers need to experiment to see what mask
	works best for each. Everyone is different. Keep trying various products.
01:30:12	Teri Kowiak: The temptation is to pull the jaw back. Make sure your jaw
	position is healthy.
01:30:35	Janice Hawthorne Timm: Thanks everyone this was amazing. Just bought
	Karen's book and I am eager to explore it. I look forward to this being posted on
	the webinar site.
01:31:11	Denise Reed: Singing with masks is more taxing on my older singers, so the
	sound is a little lighter, but I don't push my singers to make a bigger sound,
	knowing that the lung capacity of my singers is less.
01:31:29	Nicole I Baker: When the voice has become unable to sing well, how do you all
	handle the difficult conversation that it is simply time to retire?

01:33:18	Jane Hunder: Thank you all for sharing your experiences and knowledge. I am
	finding all of the information very affirming. Thank you!

- 01:33:28 Nicki Kerns: I have to get ready for my piano students now so unfortunately have to leave. Thank you all SO SO SO much for this presentation today! Looking forward to buying Karen's book, exploring Michael's videos, and catching the rest of Matt's presentation on the ACDA website later. Thanks again!
- 01:33:30 Finley Woolston: Shaw's warm-ups are wonderful.
- 01:40:13 Philip Spencer: Accepting that the singers masks work for rehearsing from a sound standpoint, what are your experiences from a health standpoint? Do those who are using them have any data as to whether your singers are remaining as safe singing as they are speaking with a mask?
- 01:42:05 Twyla Brunson: This has been very informative, and I hate to leave, but have an appointment. Thank you to ACDA and all the presenters.
- 01:42:07 Leah Peer: Philip someone on ACDA FB did a poll. Most people have their singers vaccinated, masked and spaced. No one is reporting any illness most have been rehearsing a month or more
- 01:43:55 Jane Hunder: An excellent presentation. Must get to a rehearsal. I look forward to receiving the links with the information from today's presentations. Be Well, and no matter the ages, Let's All Keep on Singing!
- 01:44:17 RHONDA HAMBRIGHT: Great affirming information! I plan to listen to the rest later. Going to a visitation for choir director's wife who died.....
- 01:44:41 Katie Krumdieck: Thank you all! I will finish watching on the recording. I must go teach my preschool music class. :-)
- 01:46:31 Ryan Lakanen: Musescore is good and free as well for editing
- 01:47:59 Leah Peer: Are the files from earlier versions compatible with the latest versions of Finale and Sibelius?
- 01:49:43 Finley Woolston: I learned his methods years ago when I sang a Berlioz Requiem with him. An absolutly amazing experience.
- 01:50:33 Hilary Apfelstadt: Those of us who got to sing with Robert Shaw are among the world's most fortunate choral musicians!
- 01:51:01 Finley Woolston: Amen, Hilary.
- 01:51:41 Leah Peer: I vote for a whole session about Robert Shaw techniques...
- 01:52:31 Sundra Flansburg National Office: You can get professional development hours for this. If you didn't sign up for it when you registered, please email me: sflansburg@acda.org.
- 01:52:39 Hilary Apfelstadt: You can still access those recordings of his workshops at Carnegie Hall Elijah, Brahms Requiem, etc.
- 01:52:49 Chip Handrich:Me too to Robert Shaw techniques!
- 01:52:54 Leah Peer: Thank you for this. I hope it is only the first. I have to leave now
- 01:53:08 Finley Woolston: Do the same intervals on G- it tunes a bit quicker
- 01:54:59 Kim Lamoureux: could you please put that robert shaw link in the chat
- 01:55:08 Susan Avery: Thank you SO much, Presenters and hosts and ACDA I must close it was wonderful!!!

- 01:55:48 Kathy Shannon: Excellent webinar. Thanks to all!
- 01:55:52 Jennifer Whiting: Thank you to all who helped make this seminar available to us, and thank you to the wonderful presenters! I appreciate the inspiration and the information.
- 01:55:52 Philip Spencer: Thank you presenters and ACDA for this valuable time together!
- 01:56:21 Edie Copley (she/her): Thanks to all the presenters! Great webinar!
- 01:56:24 Karen Fulmer: This webinar was terrific, Terre and Sundra thank you so much for sponsoring this event
- 01:56:35 Teri Kowiak: Thank you.
- 01:56:36 Hilary Apfelstadt: Thank you, everyone. What a wonderful event!
- 01:56:36 Susan Dorn: Excellent webinar. Thank you all.
- 01:56:36 Ryan Lakanen: Thank you so much!
- 01:56:37 Karin Barrett: Thank you so much!
- 01:56:41 Nicole I Baker: thanks!
- 01:56:47 Galen Darrough: Such quality presenters!
- 01:56:50 Denise Reed: Thanks to all the panelists.
- 01:56:53 Karen Brunssen: A joy to be part of this webinar. Go ACDA!!