**Vocal Bundles**

1. **Bundle #1**
   - Vocal cords
   - Pharyngeal muscles
   - Vocal process

2. **Bundle #2**
   - Vocal folds
   - Pharyngeal structures

**Help for Vibrations**

- Let your vocal cords vibrate freely.
- Place the base of your neck in a comfortable position.
- Focus on the sound you want to produce.
- Breathe from the diaphragm.

**A Diagram of the Human Vocal Fold**

- Anterior and posterior vocal folds
- The vocal cords are attached to the thyroid cartilage and the epiglottis.
- The vocal cords vibrate during speech and singing.